

## CAMH *womenmind* Conference 2026 Women's Health Across the Lifespan: From Research to Action

### November 4, 2026

**7:30 - 8:30 A.M.** BREAKFAST AND REGISTRATION

**8:30 - 8:45 A.M.** WELCOME REMARKS

**8:45 - 10:30 A.M.** SYMPOSIUM: CYCLES AND SYMPTOMS: THE MENSTRUAL-MOOD CONNECTION

Modulation of Brain and Behavior by Ovarian Cycle Disruption in a Mouse Model

DR. IVANA JARIC

Transdiagnostic Effects of Menstrual Cycle Hormone Flux on Mood, Suicidality, and Substance Use

DR. TORY EISENLOHR-MOUL

Unpacking the Menstrual Cycle as a Critical Window for Female Brain Health

DR. ERIKA COMASCO

Menstrual Health and Mental Health - Focus on Premenstrual Mood Symptoms

DR. LIISA HANTSOO

**10:30 - 10:45 A.M.** BREAK

**10:45 - 12:05 P.M.** SYMPOSIUM: A SPOTLIGHT ON PERINATAL AND POSTPARTUM MENTAL HEALTH

Peripartum Depression: Insights into Subgroups and Prediction

DR. ALKISTIS SKALKIDOU

Coordinated Functional Genomic Signatures of Perinatal Depression-like States Across an Affective-Maternal Brain Circuit

DR. RAND EID

Biomarkers of Maternal Health: Extracellular Vesicle Communication Across Pregnancy Transitions

DR. TRACY BALE

**12:05 - 1:15 P.M.** LUNCH AND TRAINEE-MENTOR ROUNDTABLE

**1:15 - 2:35 P.M.** SYMPOSIUM: MAKING SENSE OF MENOPAUSE

Is It Me or Is It Hot In Here? Clinical and Research Considerations for the Peri and Postmenopausal Female

DR. NEILL EPPERSON

Cognitive, Behavioural, and Functional Sequelae of Menopause and Dementia Risk

DR. ZAHINOOR ISMAIL

Targeting the Microbiome-Gut-Brain Axis in Menopausal Women.

DR. SIOBHAN O'MAHONY

**2:35 - 3:55 P.M.** SYMPOSIUM: HORMONAL CONTRACEPTIVES AND MOOD

Hormone Contraceptives and Implications for Risk and Resilience to Depression and Alzheimer's Disease

DR. NATALIE TRONSON

Hormonal Contraceptives and Heterogeneity: Personal History and Formulation Variability Matter for Links to Wellbeing

DR. ADRIENE BELTZ

Brain Changes During Hormonal Contraceptive Use or Withdrawal - Associations to Mood and Cognition

DR. BELINDA PLETZER

**3:55 - 4:10 P.M.** BREAK

**4:10 - 5:25 P.M.** PANEL: FROM POLICY TO PROGRESS: DRIVING CHANGE IN WOMEN'S MENTAL HEALTH

Kathryn Godburn Schubert

Jennifer Gillivan

Rachel Bartholomew

**5:25 - 6:45 P.M.** EVENING RECEPTION AND POSTERS

## CAMH *womenmind* Conference 2026 Women's Health Across the Lifespan: From Research to Action Preliminary Schedule

### November 5, 2026

7:30 - 8:30 A.M. BREAKFAST AND REGISTRATION

8:30 - 10:15 A.M. SYMPOSIUM: SEX AND GENDER INFLUENCES ON MENTAL HEALTH

Studying Sex at Diverse Scales of Human Brain Organization

DR. ARMIN RAZNAHAN

How Family History of Substance Use Disorder Impacts Brain Dynamics Depends on an Adolescent's Sex

DR. AMY KUCEYESKI

Estradiol's Impact Across the Female Reproductive Lifespan: Mechanisms of Affective Risk and Resilience

DR. CRYSTAL SCHILLER

Sex Differences in Estradiol-Mediated Local Protein Synthesis in Mouse Hippocampus

DR. DEEPAK SRIVASTAVA

10:15 - 10:30 A.M. BREAK

10:30 - 12:15 P.M. SYMPOSIUM: SEX AND SEX-SPECIFIC CONSIDERATIONS IN STRESS AND MENTAL HEALTH

Harnessing Translational Approaches to Fight the Intergenerational Transmission of Stress

DR. TAMAR GUR

From Attachment to Isolation: Lifespan Perspectives on Sex Differences in Social Bond Disruption, Neuroimmune Signaling, and Emotional Health

DR. ERICA GLASPER

Timing Matters: How Cycle Phase and Contraception Shape Stress Resilience

DR. LOTTE GERRITSEN

From Research to Action: Reimagining Mental Health Systems for Women and Gender-Diverse People

DR. JUNE LAM

12:15 - 1:55 P.M. LUNCH AND POSTERS

1:55 - 3:15 P.M. SYMPOSIUM: RISK AND RESILIENCE IN WOMEN'S BRAIN AGING

APOE4 Genotype Impacts the Mnemonic, Vasomotor, and Neuronal Responses to Estrogen Treatments

DR. KARYN FRICK

Immunological Changes at Menopause and the Risk for Neurologic Disease

DR. FARIDA SOHRABJI

Does Timing Matter? Early Menopause and Dementia Risk

DR. JENNIFER RABIN

3:15 - 3:30 P.M. BREAK

3:30 - 4:45 P.M. PANEL: THE M & M'S: MOBILISING AND MOVING WOMEN'S HEALTH RESEARCH FORWARD

DR. ANGELA KAIDA

SANDI TRELIVING

DR. VIVIANE POUPON

4:45 - 4:55 P.M. CLOSING REMARKS